Physical Education

"Teach me and I will learn, challenge me and I will grow, believe in me and I will win"

This course is good for students who:

- Enjoy taking part in extra-curricular PE, play in a team outside school, interested in learning how the body moves and how it impacts our performance.

What topics will you be studying?

- Practical sports performance
- Health and Fitness
- Fitness Training
- Anatomy and Physiology
- Sports Psychology

What do students studying this qualification go on to do?

- GAP Year, Internships on ski slopes, sports coaching around the world
- University: Sports Science, Business, Management & Marketing, Anatomy & Physiology, Psychology
- Apprenticeships: Education & Teaching, Medicine & Healthcare, Sports & Fitness
- Jobs: Personal Trainer, Physiotherapist, Nurse, Nutritionist, Sports agent, Sports scientist, Osteopath, Teacher