THE HIGHCREST ACADEMY

Year 8 Life Lesson Overview

AUTUMN TERM 1 – STAYING SAFE AND BUILDING RESPECT				
DATE	**LESSON TITLE**	**WHAT WILL STUDENTS LEARN?**	**RESOURCE LINKS**	**TEACHER PLANNING**
7 September	Is it bullying or banter?	• To understand the difference between banter and bullying • To understand what to do if someone is being bullied • To know to do if you are being cyberbullied		
21 September	Peer pressure & risk taking	• To be able to identify peer pressure and risk-taking behaviours • To explain how peer pressure might lead to risk-taking behaviour (especially in adolescence) • To evaluate the best ways to resist peer pressure		
5 October	Personal safety in public spaces	• To identify how to keep yourself safer walking home • To rehearse how to handle a harassment scenario • To be able to demonstrate what to do if you find someone unconscious		
19 October	Respect and women/why sexist jokes are wrong	• To understand what is meant by respect • To assess the impact of conscious or unconscious misogyny • To how discriminatory jokes can be damaging for individuals, groups and society		

AUTUMN TERM 2 – FRIENDS, RESPECT AND RELATIONSHIPS				
DATE	**LESSON TITLE**	**WHAT WILL STUDENTS LEARN?**	**RESOURCE LINKS**	**TEACHER PLANNING**
9 November	Relationships & Sex Education	• To understand the core aims of RSE in secondary school		

		• To understand how physical touch may be different in a sexual relationship to any other relationship • To explore what rights in relationships look like		
23 November	Healthy, Respectful Relationships	• Compare and contrast the characteristics of both healthy and unhealthy relationships • To know what respect in a healthy relationship looks like • To explain various aspect of a healthy relationships, and understand how they are connected		
7 December	Sexual Orientation	• To understand the many different key terms and concepts that are used • To explore and challenge LGBTQ+ prejudices and stereotypes • To understand the damaging impact homophobic language has on people		